

A parenting course packed full of ideas, positive stories from parents still on the journey with their own tamariki and useful resources to help you build a great future for your whānau.

www.iosis.org.nt

About Building Awesome Whānau

This programme is for parents with children aged 0 to 12. You are the most important person in your tamariki's world. Learn how to lay the building blocks for a great future.

Course Content

Session 1	Laying the foundations – building your family on aroha
Session 2	Parents are the roof! Protecting your whānau
Session 3	The walls of the whare – boundaries to keep the good stuff in and the bad stuff out
Session 4	Keeping it sweet – atmosphere is everything!
Session 5	Cool korero! Communication
Session 6	Outside the whare – living in the big wide world

Length of Course

Once a week for 6 weeks.

Cost

This course is free.

Childcare

Childcare is not available.

When

Term 2 2025 Wednesdays, 9.30am to 11.30am Starts 21st May 2025 Ends 25th June 2025

Sessions are held in the Family Learning Centre at losis, 112c Russell Road, Manurewa.