

A parenting course packed full of ideas, positive stories from parents still on the journey with their own tamariki and useful resources to help you build a great future for your whānau.

www.iosis.org.nt

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# **About Building Awesome Whānau**

This programme is for parents with children aged 0 to 12. You are the most important person in your tamariki's world. Learn how to lay the building blocks for a great future.

#### **Course Content**

Session 1	Laying the foundations – building your
	family on aroha
Session 2	Parents are the roof! Protecting your whānau
Session 3	The walls of the whare – boundaries to keep the good stuff in and the bad stuff out
Session 4	Keeping it sweet – atmosphere is everything!
Session 5	Cool korero! Communication
Session 6	Outside the whare – living in the big wide world

## **Length of Course**

Once a week for 6 weeks.

#### Cost

This course is free.

## **Childcare**

Childcare is not available.

## When

Term 2, 2024 Wednesdays 9.30am to 11.30am Starts 8 May 2024 Ends 12 June 2024

Sessions are held in the Family Learning Centre at losis, 112c Russell Road, Manurewa.