

**Building Awesome Whānau**



**iosis.**

Transforming family  
life for good

**Toolbox Parenting Group**

A parenting course packed full of ideas, positive stories from parents still on the journey with their own tamariki and useful resources to help you build a great future for your whānau.

[www.iosis.org.nz](http://www.iosis.org.nz)

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## About Building Awesome Whānau

This programme is for parents with children aged 0 to 12. You are the most important person in your tamariki's world. Learn how to lay the building blocks for a great future.

### Course Content

- Session 1 Laying the foundations – building your family on aroha
- Session 2 Parents are the roof! Protecting your whānau
- Session 3 The walls of the whare – boundaries to keep the good stuff in and the bad stuff out
- Session 4 Keeping it sweet – atmosphere is everything!
- Session 5 Cool korero! Communication
- Session 6 Outside the whare – living in the big wide world

### Length of Course

Once a week for 6 weeks.

### Cost

This course is free.

### Childcare

Childcare is not available.

### When

Term 3, 2024

Wednesdays 9.30am to 11.30am

Starts 31 July 2024

Ends 4 September

Sessions are held in the Family Learning Centre at Iosis, 112c Russell Road, Manurewa.