

# Young Fathers Programme



**iosis**  
transforming  
family life for good

This strengths-based programme is a combination of one-on-one mentoring sessions with our Youth Worker, as well as group sessions with other young dads.

[www.iosis.org.nz](http://www.iosis.org.nz)

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## About the Young Fathers Programme

Becoming a father adds to the pressures young men already experience. This programme is designed for fathers aged 13 to 25 years, and is tailored to the specific needs of each young dad and his whānau. While affirming the client's identity as a young man, the programme supports him to develop relationship and parenting skills so he can contribute positively to his child's life. Clients can join the programme at any point during school terms.

### Issues addressed

- Parenting
- Child development
- Self-development
- Life skills
- Employment skills
- Sexual health
- Family violence
- Offending behaviour

### Cost

This programme is free.

### Referrals

Referrals can be made by anyone – self, family, doctors, lawyers, social workers, Oranga Tamariki.

