

# Toolbox Parenting Group



**iosis.**

Transforming family  
life for good

## Toolbox Preschool Years

A parenting course packed full of ideas, positive stories from parents still on the journey with their own tamariki and useful resources to help you build a great future for your whānau.

[www.iosis.org.nz](http://www.iosis.org.nz)

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## About Toolbox Programme

This programme is for parents with children aged 0 to 4. You are the most important person in your tamariki's world. Learn how to lay the building blocks for a great future.

## Course Content

**Session 1** Understanding love and connection

**Session 2** Understanding yourself as a parent

**Session 3** Understanding emotions

**Session 4** Understanding behaviour

**Session 5** Understanding the world of a preschooler

**Session 6** Understanding a culture of connection

## Length of Course

Once a week for 6 weeks.

## Cost

This course is free.

## Childcare

Childcare is not available.

## When

Term 2, 2024

Tuesdays 12:30pm - 2:30pm

Starts 7th May 2024

Ends 11th June 2024

Sessions will be face to face and held in the Family Learning Centre at Iosis, 112c Russell Road, Manurewa.