

'Triple P' Discussion Groups

The Positive Parenting Programme



iosis
transforming
family life for good

Our discussion groups offer simple tips and strategies to help manage the big and small challenges of family life. You will be supported to create a personalised plan aimed at building relationships, encouraging good behaviour and managing the not-so-good.

www.iosis.org.nz

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Triple P is one of the few parenting programmes in the world with evidence to show it works for most families.

The Positive
Parenting Program
(Triple P)



Course Content

- Topic 1 Dealing with disobedience
- Topic 2 Developing good bedtime routines
- Topic 3 Hassle-free shopping
- Topic 4 Managing fighting and aggression

Length of Course

Once a week for 4 weeks

- > Each week is a stand-alone session in which you will develop a personalised plan around the topic.
- > Miss a session? Make it up when the topic is on next.

Cost

The discussion sessions are free.

When

Term 4 2020 Dates

Fridays 9:30am - 11:30am

Start: 30th October 2020

Ends: 20th November 2020